

Parent Support Nights

PROMOTING POSITIVE MENTAL HEALTH &
SUICIDE PREVENTION IN NORTH EAST KILDARE

Information evenings for parents and
members of the community

Wednesday 21st & Wednesday 28th April Admission Free

VENUE FOR BOTH NIGHTS: John Hume Building, North Campus,
National University of Ireland, Maynooth. (North Campus off the Kilcock Road - follow direction signs)

7.30pm Wednesday 21st April 2010

Internet Safety for Parents Presented by
Dr Grainne Kirwan, Programme Co-ordinator MSc in Cyberpsychology,
Dun Laoghaire Institute of Art, Design and Technology.

Exam Stress: A Journey Through The Exam Jungle Presented by
Dermot Coonan, KYS Youth Counsellor and Trinity College Student Counsellor.

7.30pm Wednesday 28th April 2010

Bullying Presented by
Dr. Mona O'Moore, Co-Ordinator, Anti-Bullying Centre, Trinity College Dublin.

**The Substance of Youth:
Challenges Presented by Drugs & Alcohol** Presented by
Dr Bobby Smyth, Consultant Child and Adolescent Psychiatrist.

A survey of parents in North-East Kildare identified the need for information on these topics.
Organised by the: Mental Health Promotion & Suicide Prevention Sub-Group for North-East Kildare



Celbridge
Mental Health Association
Supporting Positive Mental Health



FEIDLMEANACHT NA SEIRBHÍSE SLÁINTE
Health Service Executive

KILCOCK & DISTRICT
COMMUNITY COUNCIL
"Working Together for Community Development"



Celbridge
Community
Council



Kildare
Youth Services
Youth Work Ireland